

Dishwasher Dirt

Should I pre-rinse my dishes?

It is a common misperception that you should always pre-rinse your dishes prior to loading them into the dishwasher. The act of pre-rinsing is actually a waste of time, water and energy. By not pre-rinsing not only are you saving resources, you are saving your dishware from the irreversable harm known as etching. By pre-rinsing you are removing any of the proteins normally found in the wash cycle - and since the enzymes in the detergent won't have anything to attack through the wash cycle, it will go after your glassware instead. That is why glassware comes out cloudy and spotted.