



CORN & LIMA BEAN SUCCOTASH

Fresh Diced Peppers, Salt, Pepper, & Cilantro

Serves 10

Ingredients:

- 1.) 1 Bag Frozen Organic White Corn
- 2.) 1 Bag Frozen Organic Lima Beans
- 3.) 1 Large Red Pepper Diced To Match The Size Of The Corn And Lima Approx.
- 4.) 1 Large Sweet Onion Or Red Onion Diced Small
- 5.) ½ Tsp Fresh Chopped Elephant Garlic
- 6.) Dry Dill Or Fresh Cilantro
- 7.) Olive Oil Or Canola Oil For Sauté
- 8.) Salt & Pepper To Taste

Procedure:

- 1.) In A Large Skillet, Bring Oil To Heat, Sauté Onions, Peppers, And Garlic For Approx. 1-2 Minutes, Then Add Frozen Veggies And Sauté Until Heated Through, Finish With Dill Or Cilantro. You May Add A Little Of Your Favorite Hot Sauce If You Wish.